

# 21 DAYS OF PRAYER & FASTING

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# **MATTHEW 6:16-18**

*“And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.”*

# WELCOME

Thank you for joining us for 21 Days of Prayer and Fasting at The Warehouse Church. We believe these will be the most spiritually significant days you will spend this year—days that will shape hearts, sharpen vision, and position us for what God is about to do.

2026 is the Year of Explosion. We believe God is releasing an explosion of faith, favour, salvation, healing, and Kingdom impact through His Church. This is not for our name or recognition, but so that those who are lost may be found and God's Kingdom may advance with power.

We recognise that we are living in a pivotal moment for the local church. We carry a mandate from heaven to go into all the world and preach the gospel, and a calling not only to proclaim it with words, but to demonstrate it with power, love, and authority.

Previous seasons have been times of preparation and equipping. Now is the time to position ourselves. Through prayer and fasting, we align our hearts with God's purposes so we can walk in His power and see our cities, our nation, and the nations of the world transformed.

*Love & Blessings,*

*Robbie & Donna Howells*

FOUNDERS & SENIOR PASTORS  
**THE WAREHOUSE CHURCH**



## HEBREWS 12: 26

*“Yet once more I shake not only  
the earth, but also heaven.”*

# WHAT IS FASTING?

A Fast is a conscious, intentional decision to abstain for a time from the pleasure of eating in order to gain vital spiritual benefits. The word 'fast' literally means 'to cover the mouth', 'to abstain from eating'. So the discipline of fasting means going without food or drink voluntarily, for a specific purpose.

When you fast, your spirit becomes uncluttered by the things of this world and amazingly sensitive to the things of God. It keeps you sensitive to the Holy Spirit and His voice and you are able to hear what He is saying to you with a greater clarity. It also enables you to live holy and is a constant means of renewing yourself spiritually.

There are numerous benefits to fasting and we recommend that you consider reading two particular books that will help you during the fast. We recommend '*Fasting*' by Jentezen Franklin and '*How to Fast Successfully*' by Derek Prince. Both are available on Amazon.



# WHY DO WE FAST?

## ***IN OBEDIENCE TO GOD'S WORD***

### **MATTHEW 6: 16-18**

"Whenever you fast, do not put on a gloomy face as the hypocrites do, for they neglect their appearance so that they will be noticed by men when they are fasting. But you, when you fast, anoint your head and wash your face, so that your fasting will not be noticed by men, but by your father who is in secret; and your Father who sees what is done in secret will reward you."

## ***TO DEVELOP A MORE INTIMATE RELATIONSHIP WITH THE LORD***

### **JAMES 4:8**

Move your heart closer and closer to God, and he will come even closer to you. But make sure you cleanse your life, you sinners, and keep your heart pure and stop doubting.

## ***TO OBTAIN BREAKTHROUGHS IN DIFFICULT SITUATIONS***

### **Matthew 17: 18-21**

Later the disciples came to him privately and asked, "Why couldn't we cast out the demon?" He told them, "It was because of your lack of faith. I promise you, if you have faith inside of you no bigger than the size of a small mustard seed, you can say to this mountain, 'Move away from here and go over there,' and you will see it move! There is nothing you couldn't do! But this kind of demon is cast out only through prayer and fasting."



# WHAT TYPE OF FAST?

The kind of fast that you choose will be your decision as you follow the Holy Spirit's promptings.

## **COMPLETE FAST**

Drink only liquids (you establish the number of days).

## **THE DANIEL FAST**

Eat no meat, no sweets and no bread. Drink water and juice. Eat fruits and vegetables. [Details on the next page]

## **ONE MEAL A DAY [PARTIAL FAST]**

A partial fast is from 6:00 am to 6:00 pm or from sun up to sundown.

Fasting food yet still being occupied with other things won't bear fruit. We therefore also encourage you to abstain from other distractions such as; Social Media or Netflix for a season, along with a food fast.

Whatever fast you decide to observe, it is vitally important that you spend time in prayer, meditation and Bible study.



# GUIDELINES FOR A DANIEL FAST

Daniel, during his 21-day fast, ate no 'pleasant bread' **Daniel 10: 3**. He did eat, but not everything 'pleasant' he wanted. This is one way of keeping the flesh under control and not letting it dominate. Below is a list of foods you can consume and foods to avoid.

## FOODS WE MAY EAT

**Whole Grains:** Brown Rice, Oats, Barley.

**Legumes:** Dried Beans, Pinto Beans, Split Peas, Lentils, Black Eyed Peas.

**Fruits:** Apples, Apricots, Bananas, Blackberries, Blueberries, Boysenberries, Cantelope, Cherries, Cranberries, Oats, Figs, Grapefruit, Grapes, Guava, Honeydew Melon, Kiwi, Lemons, Limes, Mangoes, Nectarines, Papayas, Peaches, Pears, Pineapples, Plums, Prunes, Raisins, Raspberries, Strawberries, Tangerines, Watermelon.

**Vegetables:** Artichokes, Asparagus, Beets, Broccoli, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Celery, Chili Peppers, Corn, Cucumbers, Eggplant, Garlic, Gingerroot, Kale, Leeks, Lettuce, Mushrooms, Mustard Greens, Okra, Onions, Parsley, Potatoes, Radishes, Rutabagas, Scallions, Spinach, Sprouts, Squashes, Sweet Potatoes, Tomatoes, Turnips, Watercress, Yams, Zucchini, Seeds, Nuts.

**Liquids:** Spring Water, Distilled Water, 100% All-Natural Fruit Juices, 100% All Natural Vegetable Juices.

## FOODS TO AVOID

Meat, White Rice, Fried Foods, Caffeine, Carbonated Beverages, Foods Containing Preservatives or Additives, Refined Sugar, Sugar Substitutes, White Flour and All Products using Margarine, Butter, High Fat Products.



# 2026 THE YEAR OF EXPLOSION

Hebrews 12 reminds us that God allows seasons of shaking—not to destroy, but to reveal. When everything that can be shaken is removed, what remains is what God has established and secured.

We are entering a season where shaking will be felt not only in the world, but across nations, culture, and even within the Church. This moment calls us to listen carefully to the voice of God and to realign our lives with what cannot be shaken.

As we look ahead to 2026, we believe it will be a year of both explosion and famine. There will be an explosion of blessing, favour, anointing, and power for those who are rooted, obedient, and responsive to God. At the same time, there may be a famine of faith, truth, and the Word for those who are not grounded or attentive to His voice.

Through prayer and fasting, we position ourselves to remain rooted in Christ—ready for the explosion God desires to release, and establish on foundations that will not be shaken.



# DAILY PRAYER COMMITMENT

During the 21 days of Prayer & Fasting, as you set aside your own interests and consecrate yourself to God's purposes, reflect on God's main purpose for sending Jesus. He came that ALL may have life and have it more abundantly. He desires that none perish, but that all come to a saving knowledge of Jesus. His heart beats for people and so should ours.

With this in mind, you are encouraged to prayerfully select at least three people that you will commit to pray for on a daily basis. It may be a family member, a work colleague, a back-slidden brother or sister or your neighbour. Pray specifically for the same people on a daily basis and then at some time during the 21 days, approach them and invite them to a church service.

When you pray, your Father who sees what is done in secret will reward you openly. It would be wise and beneficial not to let these people know that you are praying for them, but just hold them up in secret and allow God to work in their lives. In this way, they will not feel they are being manipulated or coerced into doing something under pressure. Remember it is the goodness of God that draws men to repentance.

As you step out in faith and do your part, God will do His part. He will make the seemingly impossible, possible! Expect the supernatural favour of God working on your behalf as you engage in winning souls for the Kingdom!



# COVENANT

**I commit to set aside the next 21 days for prayer & fasting.**

**I commit to pray for the following people every day for the next 21 days.**

1.....

2.....

3.....

4.....

5.....

**Over the next 21 days I am believing God for;**

1.....

2.....

3.....

4.....

5.....

**SIGNATURE:** .....

**DATE:** .....



# WEEK 1

## CONSECRATION & ALIGNMENT

This first week is about consecration and alignment—setting our hearts apart for God and bringing our lives back into right order with Him.

As we begin this year, it is vital that we pause and reflect on the year behind us. Fasting creates space for God to search our hearts, to reveal what needs to be surrendered, and to realign us with His will. We do not rush ahead of God; we begin by coming back to Him.

There is a clear urgency in the Spirit. God is calling His people—His Church—to be aligned with His purposes and attentive to His voice. This is not about striving or perfection, but about posture: hearts yielded, lives surrendered, and spirits sensitive to the leading of the Holy Spirit.

Scripture shows us that times of shaking are often part of God's redemptive plan. Shaking is not sent to destroy God's people, but to reveal what is unshakeable. It exposes what cannot stand so that what is eternal may remain. As we step into 2026, God is inviting us to reposition ourselves—to stand firmly on what He is establishing.

***Genesis 45:10-11 You shall live in the land of Goshen [the best pasture land of Egypt], and you shall be close to me—you and your children and your grandchildren, your flocks and your herds and all you have. There I will provide for you and sustain you, so that you and your household and all that are yours may not become impoverished, for there are still five years of famine to come.” AMP***



# DAY 1 THANKSGIVING

LET US COME TO GOD WITH AN ATTITUDE OF GRATITUDE FOR WHO HE IS AND WHAT HE HAS DONE.

## SCRIPTURE

Psalms 107:1-2

Oh, give thanks to the Lord, for He is good! For His mercy endures forever. Let the redeemed of the Lord say so, Whom He has redeemed from the hand of the enemy, **NKJV**

## PRAYER

Father, I come to you with a grateful heart to thank You for loving me and keeping me safe in Your arms. Thank You for protecting my life throughout this year in Jesus' precious name.

## PRAYER POINTS

- Give thanks to God for 2025, the way His hand had been over you, your family and loved ones. Remember His divine protection, providence, salvation, guidance, divine intervention and all the breakthroughs you had, big or small.
- Give thanks to God for all the promises He has fulfilled - those you have seen and those you have not yet seen, give thanks in advance.
- Give thanks for every test and challenge in 2025, how it strengthened your faith, grew your character and revealed God's nature.

## DECLARATION

I acknowledge all the things God did for me, my family and loved ones in 2025. I know that all things work together for my good. I choose to be grateful, and I humble myself before my faithful God. I honour and thank God for all things and in all situations.

## APPLICATION

Sometimes it is hard to be thankful when we receive bad news, or when something we hoped for does not come to pass. Take time to search your heart for the situations you are still struggling with, and choose to give God thanks; knowing that there is hope for healing and restoration.



# DAY 2 REPENTANCE

ACKNOWLEDGE ANY WRONGDOING, CONFESS, MAKE AMENDS AND TURN TOWARDS A RIGHTEOUS PATH.

## SCRIPTURE

### 2 Samuel 24:10-11

And David's heart condemned him after he had numbered the people. So David said to the Lord, "I have sinned greatly in what I have done; but now, I pray, O Lord, take away the iniquity of Your servant, for I have done very foolishly." **NKJV**

## PRAYER

Lord, I come to You humbly, with an open and repentant heart. I invite You to search me and truly know me, my thoughts, my fears, and the things I try to hide. If there is anything in me that does not please You, show me, and gently lead me back onto Your path of life. Cleanse me, renew me, and wash me clean. I place my trust in You and receive Your forgiveness, in Jesus' name, Amen..

## PRAYER POINTS

- Ask the Holy Spirit to reveal every sin, transgression and iniquity hidden in your heart and any hindrances to God's presence in your life according to Psalms 19:12 (NLT).
- Acknowledge every sin, transgression and iniquity or hindrance God reveals to you - renounce and repent from it all according to **Psalms 66:18 AMP**: "If I regard sin and baseness in my heart [that is, if I know it is there and do nothing about it], The Lord will not hear [me]";
- Ask the Holy Spirit to reveal to you any sin, transgression and iniquity you may be carrying that stemmed from your forefathers and repent on their behalf according to **Leviticus 26:40 & 42 NJV** " 'But if they confess their iniquity and the iniquity of their fathers, with their unfaithfulness in which they were unfaithful to Me, and that they also have walked contrary to Me,...then I will remember My covenant with Jacob, and My covenant with Isaac and My covenant with Abraham I will remember; I will remember the land.' "

## DECLARATION

I renounce every evil practice, disobedience and attitude that has created a separation between me and my Father. I genuinely surrender before His mighty power, and I receive forgiveness and cleansing through the blood of Jesus. I receive healing in my soul, body and spirit in every area of my life in the name of Jesus Christ.

## APPLICATION

Examining ourselves requires us to allow God to reveal some dark places of our lives we have kept to ourselves and have not dealt with for a long time. After submitting these areas to the Lord, sometimes they also require us to make things right with people. If there is any area where you need to ask for forgiveness or reconcile with someone, make that step today.



# DAY 3 THE SHAKING

GOD'S SHAKING REVEALS WHAT HE HAS BUILT INSIDE US.

## SCRIPTURE

### Hebrews 12:26-27

At that time His voice shook the earth, but now He has promised, "Once more I will shake not only the earth but also the heavens." The words "once more" indicate the removing of what can be shaken, that is, created things—so that what cannot be shaken may remain. **NIV**

## PRAYER

Father of Light, I pray that You hold me close to You and strengthen me throughout this season of shaking. As You shake the heavens and the earth by Your Holy Spirit help me understand what You are doing within me, Your Church and in this world. I pray for my eyes to be opened to see and receive wisdom on how to navigate this season in Jesus' name.

## PRAYER POINTS

- Pray that God reveals to you, what is built on ease/convenience and what is built on truth and conviction in your life.
- Ask God to also reveal to you, what is built on emotion and self and what is built on obedience and His Spirit in your life.
- Pray that God through the Holy Spirit helps you not to be fearful of the shaking but allow it to work in you, so you can fully embrace the growing strength of your faith.

## DECLARATION

As God is shaking my foundations, I declare that I will grow stronger in my faith and choose to surrender to His will and His purpose for my life. I decree and declare that my life is taking a new turn that can't be shaken but will remain strong and incorruptible until His return.

## APPLICATION

Some areas of our lives require not fasting or prayer but discipline. Consider an area of your life that you are not being disciplined in and write down 3 steps on how you are going to tackle that lack of discipline from today.



# DAY 4 SEPARATION

LET US FOCUS ON SEPARATING OURSELVES FROM WHATEVER DOES NOT GIVE GLORY TO GOD IN OUR LIVES.

## SCRIPTURE

### Malachi 3:14, 16-18

"You have said, 'It is futile to serve God. What do we gain by carrying out His requirements and going about like mourners before the Lord Almighty?...Then those who feared the Lord talked with each other, and the Lord listened and heard. A scroll of remembrance was written in His presence concerning those who feared the Lord and honoured His name. "On the day when I act," says the Lord Almighty, "they will be My treasured possession. I will spare them, just as a father has compassion and spares his son who serves him. And you will again see the distinction between the righteous and the wicked, between those who serve God and those who do not." NIV

## PRAYER

Heavenly Father, I come before You to praise and honour You. Thank You for calling me by name and setting me apart for Your purposes. I am grateful that Your book of remembrance is open over my life, and I trust that You will watch over me, spare me, and cause me to prosper, because I love You and I belong to You. In Jesus' name, Amen.

## PRAYER POINTS

- Ask the Lord to open your spiritual eyes so you can discern not only what is clearly wrong, but also what may appear good yet is not from God. Pray for wisdom to recognise the difference between His will and every other distraction.
- Ask God to help you grow in discernment so you will:  
\*be able to identify any wolves disguised in sheep's clothing prowling around you and your family **Acts 20:30-31**;  
\*know how to act when confronted with false teaching and prophecies that are growing in popularity;  
\*be wise in front of all the solicitations of this world including news, fashion, social media, politics, entertainment and music.

## DECLARATION

I stand firm in my confession of faith, and I separate myself from any false teaching or prophecy that I may have received, agreed with, or followed, believing it was from God. I reaffirm my allegiance to Jesus the Messiah—King of kings and Lord of lords—and I declare that I will follow His voice alone, for He is the Good Shepherd who laid down His life for me.

## APPLICATION

Make an inventory of what you usually follow on social media; preachers, motivational speakers, mentors, prophets, news, entertainment and ask the Holy Spirit to show you those you have to delete or stop following. Be determined to separate yourself from any false information or teaching you have allowed in your life.



# DAY 5 FAMINE OF FAITH

DO NOT FEAR A FAMINE OF FAITH; INSTEAD, CHOOSE TO REMAIN ROOTED IN HIM THROUGHOUT THIS YEAR.

## SCRIPTURE

### Colossians 2:6-7

As you therefore have received Christ Jesus the Lord, so walk in Him, rooted and built up in Him and established in the faith, as you have been taught, abounding in it with thanksgiving. NKJV

## PRAYER

Heavenly Father, I pray that my roots would grow deep in You. I recognise that it is my responsibility to remain in Your Word so that my faith continues to grow. Help me not to grow weary or careless in my pursuit of You, that I would not experience spiritual famine as a result. Establish me in faith, strong and secure and overflowing with thankfulness for all that You are and all that You do.

## PRAYER POINTS

- Ask the Lord to strengthen your faith in His unfailing love.
- Ask the Lord for endurance and unwavering faith in challenging times.
- Ask the Lord to draw back those who have abandoned and departed from the faith.

## DECLARATION

I declare that I am born of God, and my faith overcomes the world! I have a firm foundation in Christ Jesus and will not cast away my confidence which has a great reward. I will continue to fight the good fight and keep the faith. I am established in the faith, unwavering in my conviction and confident in God's promises. I will never experience famine in my faith in Jesus' name.

## APPLICATION

There are people who have departed from the faith or are not as strong as they once were. Today, contact one or two people who are struggling in their faith walk. Let them know that they are loved and not forgotten.



# DAY 6 FAMINE OF TRUTH

WHEN TRUTH SEEMS SCARCE, WE REMEMBER THAT ALL THE TRUTH WE NEED IS FOUND IN GOD.

## SCRIPTURE

### 2 Timothy 4:3-4

For the time will come when people will not tolerate sound doctrine and accurate instruction [that challenges them with God's truth]; but wanting to have their ears tickled [with something pleasing], they will accumulate for themselves [many] teachers [one after another, chosen] to satisfy their own desires and to support the errors they hold, and will turn their ears away from the truth and will wander off into myths and man-made fictions [and will accept the unacceptable]. **AMP**

## PRAYER

Father I thank you that I am sanctified by the truth, for Your Word is truth. I set aside the worries and cares of the world, and the distractions of this age with its worldly pleasures. I pray that the deceitfulness, false security or glamour of wealth or fame, and the passionate desires for all the other things would not creep in and choke out the word of truth in me so it becomes unfruitful.

## PRAYER POINTS

- Ask the Lord to help you to see any areas where you have convinced yourself of something not true or where you are denying the truth, so that you will not deceive yourself.
- Ask for strength and courage for every believer to speak the truth in love, even when it's difficult.
- Pray that the global church would be steadfast in preaching the truth, according to the principles of the Word of God, without compromising or trying to avoid confrontation.

## DECLARATION

I believe Jesus is the way, and the truth, and the life. The Spirit of Truth guides me into all truth and I will stand on His truth and His truth alone. I value honesty and integrity and my whole family walks in God's truth. I declare that the Truth of God's Word will reign in my generation.

## APPLICATION

Do not remain silent. The next time someone shares a belief that is not based on the truth of God's Word, speak the truth in love. Challenge yourself to share with them God's truth concerning the situation.



# DAY 7 FAMINE OF THE WORD

TODAY, WE COMMIT OURSELVES TO STORING GOD'S WORD DEEP WITHIN OUR HEARTS.

## SCRIPTURE

### Amos 8:11

"The days are coming," declares the Sovereign Lord, "when I will send a famine through the land— Not a famine of food or a thirst for water, But a famine of hearing the words of the Lord. **NIV**

## PRAYER

Father, in the name of Jesus, ignite within me a burning desire for Your Word. May I sit at Your feet day and night receiving nourishment that will never be taken from me. May Your Word bring me understanding and light that I may not fail in the days of adversity.

## PRAYER POINTS

- Pray that the Word would not just be knowledge you have, but would change you and cause your heart to want to know Him more.
- Pray that you would not grow weary in reading the Word, not disregard the importance of biblical teaching and that the cares of the world would not distract you from your study of the Word.
- Pray for people around the world who lack access to the Bible, ask God to open ways for His Word to reach them.

## DECLARATION

The word of God is useful for me in teaching me, rebuking me, correcting me and training me in righteousness. It is a living, abiding seed in my spirit, growing mightily and producing fruit in me. The Word brings healing, prosperity, wisdom and success to my life and to those connected to me.

## APPLICATION

Today, decide to put aside one area of distraction which is causing you not to have time to read the Bible. It could be technology, daily life worries, internal struggles or worldly desires. Make a decision to spend more time in the Word today than you would normally.



# WEEK 2

## ALIGNMENT FOR EXPLOSION

God does not shake His people to break them or to cause fear. He allows seasons of shaking to remove what is temporary, unstable, or misplaced, so that what He has truly built within us can be revealed. In the shaking, our faith is tested, our foundations are exposed, and our dependence on Him is strengthened. What remains after the shaking is not weakness, but the work of God—faith that endures, trust that is rooted, and a life established on what cannot be moved.

### **Isaiah 1:19-20**

If you are willing and obedient, you will eat the good things of the land; but if you resist and rebel, you will be devoured by the sword.” For the mouth of the Lord has spoken.  
**ESV**



**DAY 8**

# RETURN TO SCRIPTURE

LET US LOOK TO THE WORD OF GOD. THE WORD THAT STABILISES, EQUIPS, LEADS, FEEDS AND GROUNDS US.

## SCRIPTURE

### Matthew 4:4

But He answered, “It is written, “‘Man shall not live by bread alone, but by every word that comes from the mouth of God.’” ESV

## PRAYER

Dear Heavenly Father, I thank you that Your Word is a lamp to my feet and a light to my path. I ask you to help me understand and receive all scriptures so that I may be complete, instructed in righteousness and thoroughly equipped for every good work in Jesus' mighty name.

## PRAYER POINTS

- Father, help me to keep this Book of the Law always on my lips, meditating on it day and night.
- Lord, help me to bring Your Word into every situation and area of my life to give me understanding.
- Father, help us as the global church to return to Your Word.

## DECLARATION

I declare that this year I will be consistent in reading, listening to, and studying the Word of God. His Word holds authority in my life—it is the firm foundation on which my life is built and the first place I turn in every storm. God's Word is my compass when I feel lost, my shelter when I need refuge, and the nourishment that sustains my soul.

## APPLICATION

Sometimes when we don't understand the Word of God in a particular scripture or area, we forget about it or set it aside. Consider again a scripture you have not understood in the past or one which has troubled you and ask the Holy Spirit to give you fresh revelation in the understanding of it. Continue to do this throughout this year.

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# DAY 9 KINGDOM PRINCIPLES

IT IS ONLY BY KINGDOM PRINCIPLES THAT WE CAN OVERRIDE EARTHLY CIRCUMSTANCES.

## SCRIPTURE

### Galatians 6:7-8

Do not be deceived, God is not mocked; for whatever a man sows, that he will also reap. For he who sows to his flesh will of the flesh reap corruption, but he who sows to the Spirit will of the Spirit reap everlasting life. **NKJV**

## PRAYER

Father I thank You that You enable me to seek first Your kingdom and Your righteousness. Holy Spirit, help me to remain in the dwelling of the Most High and to rest in the shadow of the Almighty, abiding by His kingdom principles all the days of my life.

## PRAYER POINTS

- Heavenly Father, reveal to me every situation or area of my life where I am not walking according to the principles of Your Kingdom.
- Lord help me not to be double minded or easily swayed by different opinions in the things of the Spirit.
- Lord help The Warehouse Church to be united in supporting one another to fight the good fight of faith.

## DECLARATION

This year, I commit to living by Kingdom principles more than I did last year. I choose to align every area of my life with biblical truth. Throughout this year and beyond, I will remain steadfast in upholding Kingdom culture above my feelings, national culture, political views, personal traditions, opinions, or trends.

## APPLICATION

It can be difficult to confront the areas of our lives that we know or suspect, are not pleasing to God. Ask the Holy Spirit to reveal any blind spots and to help you change, and be determined to respond with obedience.



# DAY 10 OBEY QUICKLY

**DELAYED OBEDIENCE IS DISOBEDIENCE—AND IT LEAVES GAPS FOR THE ENEMY.**

## **SCRIPTURE**

### **1 Samuel 15:22-23**

So Samuel said: "Has the Lord as great delight in burnt offerings and sacrifices, as in obeying the voice of the Lord? Behold, to obey is better than sacrifice, and to heed than the fat of rams. For rebellion is as the sin of witchcraft, and stubbornness is as iniquity and idolatry. Because you have rejected the word of the Lord, He also has rejected you from being king." **NKJV**

## **PRAYER**

Father God, I thank You that You enable me to observe all that You require of me. Through the power of the Holy Spirit, I am able to keep your decrees, commands, laws and regulations. I thank you Lord that as I do this, You bless me and prosper me in all that I do and wherever I go.

## **PRAYER POINTS**

- Lord help me to be a doer of the Word and not just a hearer only.
- Lord, teach me to quickly obey Your word at all times throughout this year.
- Lord, may my love for You overshadow my love for the things of the World and its pleasures.

## **DECLARATION**

In the name of Jesus I declare that I am a person that swiftly obeys the commands of the Lord. I love the Lord and delight in His statutes. I have a reverential fear of the Lord and so I am blessed as I walk in obedience to Him.

## **APPLICATION**

God is often very patient and gracious with us when we have not obeyed quickly. Is there anything that the Lord has been telling you to do that you haven't yet done? Your challenge today is to take one small step to begin walking in obedience to Him in that area.



# DAY 11 ANCHORED IN CHRIST

IN CHRIST ALONE, MY HOPE IS FOUND.

## SCRIPTURE

### Hebrews 6:17-20

In the same way God, desiring even more to demonstrate to the heirs of the promise the fact that His purpose is unchangeable, confirmed it with an oath,<sup>18</sup> so that by two unchangeable things in which it is impossible for God to lie, we who have taken refuge would have strong encouragement to hold firmly to the hope set before us.<sup>19</sup> This hope we have as an anchor of the soul, a hope both sure and reliable and one which enters within the veil,<sup>20</sup> where Jesus has entered as a forerunner for us, having become a high priest forever according to the order of Melchizedek.**NASB**

## PRAYER

Father God, in the mighty name of Jesus, I place my hope and trust in You. You cannot lie, and You are faithful to fulfil every promise You have made. Help me to remain anchored in You—sure and steadfast at all times. I thank You that as I draw closer to You, I am going from strength to strength and from glory to glory, moving forward in faith and never shrinking back.

## PRAYER POINTS

- Ask the Lord to help you maintain your focus on Him and keep your mind steady and at peace.
- Ask the Holy Spirit to help you set aside complaining and grumbling in challenging times as you remain firm in His promises.
- Ask the Holy Spirit for strength throughout 2026 for all members of TWC to not shrink back in their walk with God, regardless of what challenges come their way.

## DECLARATION

I decree and declare that, as a child of God, I am anchored in Christ Jesus. He is my firm foundation; He is the vine, and I am His branch. I will not be cut off, but will bear good fruit that benefits the body of Christ and brings glory to His name.

## APPLICATION

Being anchored in Christ means keeping Jesus at the centre of our lives. Take time today to reflect on any area where He is not truly central, and ask the Holy Spirit to help you realign it.



# DAY 12 WALKING IN HOLINESS

HOLINESS IS NOT RESTRICTION, IT IS PROTECTION

## SCRIPTURE

### 1 Peter 1:13-16

Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ; As obedient children not conforming yourselves to the former lust as in your ignorance; but as He who has called you is Holy, you also be holy in all your conduct, because it is written "Be holy, for I am holy". **NKJV**

## PRAYER

Lord, help me to recognise and bring to light things in my life that are causing me to be unclean and hindering my walk with you. I want to be holy, as You are holy, walking in all Your ways with a pure heart and bringing You glory with whatever I put my hand to. Help me Holy Spirit to live a life that would be an encouragement to others to pursue holiness, in Jesus' precious name I pray.

## PRAYER POINTS

- Father, teach me to love what You love and hate what You hate.
- Lord God, help me to be a conduit of Your presence, so people desire to know You more, by helping me decrease so that You increase.
- Lord, help all the members of TWC work at living in peace with everyone, and work at living a holy life, for those who are not holy will not see the Lord **Hebrews 12:14 NLT**.

## DECLARATION

I decree and declare that I will walk in holiness all the days of my life. The grace of God, which brings salvation, teaches me to reject ungodliness and worldly desires and to live a self-controlled, upright, and godly life in this present age. I declare that the blood of Jesus has redeemed me and secured my freedom from all wickedness, in Jesus' name.

## APPLICATION

Choose today to pursue a life of holiness and ask the Holy Spirit for His help.



# DAY 13 PROMISES

**WHEN CULTURE SHIFTS AND THE WORLD SHAKES, WE STAND ON HIS PROMISES.**

## SCRIPTURE

### 2 Corinthians 1:20

For all the promises of God in Him are Yes, and in Him Amen, to the glory of God through us. **NKJV**

## PRAYER

Father God, I thank You that You are a promise-keeper. You are not a man that You should lie, nor a son of man that You should repent; Your word always comes to pass. You are not slow in fulfilling Your promises as we understand slowness. I pray that my faith would remain firm in seasons of waiting, and that my heart would not grow weary or sick. In the mighty name of Jesus, Amen.

## PRAYER POINTS

- Thank You, Lord, in advance for every promise, and for the hopes and dreams I am holding onto for myself and for my loved ones.
- Holy Spirit, help me not to grow weary in my waiting season.
- Holy Spirit, help me to keep Your promises before me at all times and not to forget that You are faithful.

## DECLARATION

I declare that I put my trust in the Lord. I wait upon God as His timing is best and those who patiently wait on God, in faith, will never be put to shame. I declare and believe that this year I shall see the fulfilment of Your promises for me, my loved ones, my church and the nation.

## APPLICATION

Write down three promises the Lord has spoken over you and your family (or more, if you wish). For each promise, find three Scriptures that relate to it, and then declare God's Word over those promises.



# DAY 14 GUARDING YOUR HEART

SHIELD YOURSELF FROM NEGATIVE INFLUENCES, EMOTIONS AND THOUGHTS.

## SCRIPTURE

### Philippians 4:6-7

Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus. **NKJV**

## PRAYER

Father, I thank You and ask You to place a hedge of protection around my heart. Help me to guard my heart with all diligence. I pray that I would have the mind of Christ, meditating only on what is true, honourable, right, pure, lovely, and admirable, so that these are the things that take root in my heart. In Jesus' name, Amen.

## PRAYER POINTS

- Ask the Holy Spirit to teach you how to guard your heart above all temptations and arrows of the enemy.
- Ask the Lord to help you to quickly forgive any wrongdoing or offence caused to you this year, so that your heart will not become hardened.
- Ask the Lord to give you wisdom and help you set respectful boundaries regarding any situations or people that may cause you to lose your joy and your peace.

## DECLARATION

I declare that God keeps me in perfect peace because my mind is steadfast on Him. I trust the Lord with all my heart, and lean not on my own understanding. I declare that I have a wise heart which teaches my mouth to be wise, and only out of an abundance of that wisdom in my heart, shall I speak.

## APPLICATION

Meditate on this verse today; **Isaiah 41:10** So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with My righteous right hand. **NIV**



# WEEK 3

## STANDING FIRM

Our prayers this week focus on standing on the unshakable victory we have in Christ. This is not based on our feelings, culture, opinions, or trends, but on the Word of God.

We are firm in our allegiance to the Kingdom of God. There is no going back and there is no compromise. We are in a season of advancing and not retreating.

This week we will also be a part of ***Turn the Battle***, a call to 3 days of prayer and fasting across the UK & Ireland. We will be joining with many other Churches and Christian organisations to pray and contend for the UK & Ireland. The daily verse and prayer points for those days are according to what other believers will also be praying for.

### **Ephesians 6:13**

"Therefore, put on the complete armour of God, so that you will be able to [successfully] resist and stand your ground in the evil day [of danger], and having done everything [that the crisis demands], to stand firm [in your place, fully prepared, immovable, victorious] **AMP**



**DAY 15**

# BLESSINGS AND FAVOUR

**I AM CONFIDENT THAT I WILL SEE THE LORD'S GOODNESS IN MY LIFETIME. PSALM 23: 7**

## **SCRIPTURE**

### **Proverbs 3:1-4**

"My son, do not forget My teaching, but let your heart keep My commandments, for the length of days and years of life and peace they will add to you. Let not steadfast love and faithfulness forsake you; bind them around your neck; write them on the tablet of your heart. So you will find favour and good success in the sight of God and man" **ESV**

## **PRAYER**

Lord my God, You are my sun and my shield. Bestow on me Your favour and honour. As I walk in uprightness with the help of the Holy Spirit, I believe by faith that no good thing shall be withheld from me. As Your favour is upon me, I pray You establish the works of my hands.

## **PRAYER POINTS**

- Lord, may I find favour and good success all the days of my life.
- Lord, help me to grow in reverential fear of You, so that the generations after me will be blessed as according to **Psalm 112:1-2**.
- Holy Spirit, help me grow in wisdom and stature, and in favour with my Heavenly Father and man as Jesus did.

## **DECLARATION**

As a faithful student of the Word of God, I stand on the steadfast love of the Lord and declare that I grow both in stature and in favour with the Lord and also man. The Lord anoints my head with oil and my cup overflows. Surely His goodness and mercy shall follow me all the days of my life and I shall dwell in the house of the Lord forever.

## **APPLICATION**

Create a list of 10 things that show the favour and blessings of God over your life.



DAY 16

# ANOINTING AND POWER

LET US ACKNOWLEDGE THE ANOINTING OF THE LORD THAT ABIDES IN US.

## SCRIPTURE

### Act 2:14-17

"But Peter, standing with the eleven, lifted up his voice and addressed them: "Men of Judea and all who dwell in Jerusalem, let this be known to you, and give ear to my words. For these people are not drunk, as you suppose, since it is only the third hour of the day. But this is what was uttered through the prophet Joel: "And in the last days it shall be, God declares, that I will pour out my Spirit on all flesh, and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams;" ESV

## PRAYER

Holy Spirit please help me to embrace and know You more. As I develop a deep relationship with you, may my words and actions demonstrate Your presence and Your power in my life. May my faith not rest in the wisdom of men but in Your power. To You alone be the glory in Jesus' name.

## PRAYER POINTS

- Pray for there to be an explosion of God's anointing and power in your life and your family's lives.
- Pray for an explosion of anointing and power in TWC and the body of Christ in the UK.
- Pray for a fresh demonstration of the Lord's anointing and power in the body of Christ around the world, especially for the persecuted church.

## DECLARATION

I declare that it is no longer I that lives but Christ that lives within me. I will therefore submit to the guidance of the Holy Spirit, to use me as a vessel to touch the broken and the wounded with love and power. The anointing of the Lord is upon me, to demonstrate His kingdom, for the kingdom of God is not in word but in power.

## APPLICATION

Ask the Holy Spirit to show you someone you could help (practically or financially) this month.



DAY 17

# FRESH COMMITMENT TO PRAYER



WE STAND TOGETHER WITH THE BODY OF CHRIST AROUND THE NATION, CRYING OUT TO THE LORD AND SEEKING GOD WITH HUNGER AND HUMILITY.

## SCRIPTURE

### 2 Chronicles 7:14-15

If the people who are called by my name humble themselves, and pray and seek my face and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land. Now My eyes will be open and My ears attentive to the prayer that is made in this place. **ESV**

## PRAYER

Father, in the name of Jesus I stand in the gap for the body of Christ in the UK & Ireland and I ask for forgiveness and plead for mercy for the times we have not put seeking You at the centre of our activities. I repent for the times that we played church or got caught up in the work of ministry but not made time to seek You first. May You remind us that we are in the last days and there is much that You have for us to do, in Jesus' mighty name.

## PRAYER POINTS

- Pray for a fresh devotion to prayer both for yourself and also for your church family.
- Pray for continual prayer to rise day and night across our nation, and for a culture of prayer to be restored within the church.
- Pray for God's people, the church, to humble themselves, pray and seek God's face. Ask the Lord to be true to His word, forgiving sin and healing our land.

## DECLARATION

I declare that as the body of Christ in the UK & Ireland stands together to pray, being watchful and thankful, we are rebuilding the walls of faith. We stand at the gate as we turn the spiritual battle for the UK & Ireland in prayer. As a body, we receive wisdom and power for the next season, so that we may remain in God's presence regardless of all the challenges we may face.

## APPLICATION

During the 21 day fast, we are asked to commit to praying for several people consistently. Ask the Holy Spirit to reveal to you any specific needs that they may have that you can pray for. If you do not receive anything, spend some time asking the Lord to intervene in every area that they may need breakthrough in.



# DAY 18 FRESH COMMITMENT TO CONSECRATION



WE ARE A CHOSEN PEOPLE, A ROYAL PRIESTHOOD AND A HOLY NATION. WE ARE RETURNING TO HOLINESS AND WHOLEHEARTED OBEDIENCE.

## SCRIPTURE

### 1 Thessalonians 5:23-24

May God Himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ. The One who calls you is faithful, and He will do it. **NIV**

## PRAYER

Holy Spirit, I pray that as Your body we may present ourselves as a living sacrifice, holy and acceptable to God our Father, which is our spiritual worship. Help us Holy Spirit to be vessels for honourable use, set apart, useful to the Lord our Master and ready for every good work.

## PRAYER POINTS

- Pray for the Church to be doers of the Word not just hearers and that our commitment would be wholeheartedly to all the commands of Christ.
- Ask the Lord to do a thorough work in His bride and that His Church would be blameless on the day of Christ.
- Thank Him for His faithfulness.

## DECLARATION

I declare in the name of Jesus that as we seek the Lord with a humble heart and stand in the gap for each other in the body of Christ, the Holy Spirit will touch each one of our hearts. Those that once heard the Gospel but turned their back on God will return to Him. I declare that in the UK and Ireland we will stand as one nation and one voice for the glory of God.

## APPLICATION

Pray for the different leadership heads of the denominations and Christian organisations in the UK and Ireland.



# DAY 19 FRESH COMMITMENT TO BOLD LIVING



THIS YEAR, WE DON'T WANT TO BE CHRISTIANS UNDER COVER, BUT BOLD AMBASSADORS FOR THE LORD. WE WANT COURAGEOUS WITNESS & LIVING OUT THE GOSPEL WITH POWER AND CLARITY.

## SCRIPTURE

### COLOSSIANS 4:2-6

Devote yourselves to prayer, being watchful and thankful. And pray for us, too, that God may open a door for our message, so that we may proclaim the mystery of Christ, for which I am in chains. Pray that I may proclaim it clearly, as I should. Be wise in the way you act toward outsiders; make the most of every opportunity. Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone. **NIV**

## PRAYER

Holy Spirit, help us as Your body to do what Jesus directed us to do. We are going to go and make disciples of all nations, teaching them to obey everything He asks of us. Lord, we pray that You create opportunities for us to witness, with boldness, to people who don't know You, in the way that You enabled the disciples Peter and John.

## PRAYER POINTS

- Pray for power to be witnesses in our Jerusalem (friends, family, immediate community), Judea & Samaria (across the nation), & to the ends of the earth (see stratus.earth for more information re praying for nations).
- Pray for:
  - open doors to proclaim Jesus;
  - clear proclamation of the Gospel
  - making full use of all opportunities with non-believers;
  - grace filled conversations.

## DECLARATION

I declare that I am bold and strong in my faith through the help of the Holy Spirit. I am fully committed to Christ, and I will never be ashamed of the Gospel. I make this same declaration over TWC and over the body of Christ in the UK and Ireland, in Jesus' name, Amen.

## APPLICATION

Ask the Holy Spirit to place a nation on your heart to pray for today.



DAY 20

# EXPLOSION OF SALVATION

PEOPLE ARE SEARCHING FOR TRUTH AND HUNGRY FOR THE SUPERNATURAL; WE BELIEVE FOR REVIVAL.

## SCRIPTURE

### Acts 2:41 & 47

So those who received His word were baptised, and there were added that day about three thousand souls...praising God and having favour with all the people. And the Lord added to their number day by day those who were being saved. **ESV**

## PRAYER

Father, thank You for the seeds that were sown throughout the year 2025. I pray that those seeds will flourish and be ready for harvest. Use me as Your vessel worthy to spread Your Word and plant more seeds. I pray that souls will be added to the church, in Jesus name. Amen.

## PRAYER POINTS

- Pray that every seed of the Word sown in 2025 would take root and grow.
- Pray for strength and protection for Pastor Mike and the Evangelism Team as they continue to sow seeds of the gospel in 2026.
- Pray that the Holy Spirit would inspire new ideas and strategies for sharing the gospel with different groups of people.

## DECLARATION

I declare the harvest of souls this year will be great, as it is the Lord's will for all men to be saved and come to the knowledge of the truth. I am a fisher of men and will work diligently this year on the Great Commission. I declare, in Jesus' name that the army of God is increasing greatly, day by day.

## APPLICATION

Share the Gospel with three people this week, and invite them to church if you can.



# DAY 21 PRAISE CHALLENGE

TODAY, WE PRAISE THE LORD FOR WHAT HE HAS DONE AND WHAT WE BELIEVE HE WILL DO.

## SCRIPTURE

### 1 Thessalonians 5:16-18

Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you. **ESV**

## PRAYER

Lord, I bless You with all that is within me. My soul praises Your holy name, and I choose not to forget all that You have done for me. You forgive all my sin, You heal my diseases, and You redeem my life from the pit. You crown me with steadfast love and mercy, and You satisfy me with good things, renewing my strength like the eagle's. I give You all the praise and honour, now and always. Amen.

## PRAYER POINTS

- Thank the Lord for both the joyful moments and the challenges that lie ahead this year.
- Thank the Lord that His mercy endures forever.
- Thank the Lord for every prayer He has already answered.

## DECLARATION

I declare that I will bless the Lord at all times! His praise shall continually be in my mouth. My soul will boast in the Lord. I will continually offer up a sacrifice of praise to my Lord and the fruit of my lips will acknowledge His name at all times.

## APPLICATION

Challenge yourself to praise the Lord for at least 5 minutes every day for the rest of the year. If you find yourself missing a day here and there, it's okay. The idea is that we become more intentional about having an attitude of gratitude.

## LAST DAY EXTRA APPLICATION

Put on a praise song and dance in His presence for five minutes or longer if you wish.



## 2 TIMOTHY 2:21

*Therefore, if anyone cleanses himself from these things [which are dishonorable—disobedient, sinful], he will be a vessel for honor, sanctified [set apart for a special purpose and], useful to the Master, prepared for every good work.*

